



Knowing God Is Good Makes Life Easier!

By Victoria Munro

*"Taste and see that the Lord is good.
Oh, the joys of those who take refuge in him!"
~ Psalm 34:8*

Although I've written Bible studies for years, I recently noticed something I'd never thought about before. Almost all the study series I've written begin in some way by focusing readers' attention on the goodness of God.

I realized that knowing, accepting and believing deep down that God is good is essential for a healthy Christian life. More than that, it's the very core of the Christian faith! How could we even begin to trust a God who may not be totally good? When we are convinced that He is always utterly, unchangeably good, is in a good mood, and loves us passionately, it's much easier to trust and surrender our lives to Him.

How Someone Reminded Others to "Taste and See"

When one of our small group leaders came to Psalm 34:8 in their discussion recently, she asked the group exactly how they could "taste and see that the Lord is good." They talked about practical ways to learn about and experience His goodness. She then reached into her purse, brought out a box of really good chocolates and passed them around. It was a memorable and enjoyable reminder to purposely discover more about His goodness!

Knowing that God is good, and that everything He does is good, draws us to Him. It offers us comfort, encouragement and security. When things are going well, it's easy to happily declare, "God is good all the time!" And sincerely mean it.

Seek and Find His Goodness in Tough Times Too!

However when times are tough, it's not always that simple. King David, who wrote the Psalm, certainly knew difficulties and freely expressed how he felt about them. Yet he encourages us to seek and experience God's goodness.

Take time to study God's goodness, and you won't be disappointed! Knowing and believing that God really is good does make life easier. It changes your perspective, and can even give purpose to pain. I recommend you, "taste and see that the Lord is good!"

