



Who I Really Am

Who I *Really* Am is a non-exhaustive list from the Bible of declarations about your true identity in Christ. Reading them aloud to yourself will both encourage you and enable the Holy Spirit to establish these truths deep in your heart.

I first recorded these declarations for myself many years ago when I was unable to sleep easily. Listening to these and other recorded truths night after night not only helped me to rest more peacefully, it also deepened my love for God and my understanding of His incredible love for me.

As you read these declarations, I pray the Lord will enrich your understanding and awareness of His immeasurable love for *you*, and that you'll become more aware of how God sees you and who you *really* are in Christ Jesus.

Victoria Munro

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“The more you reaffirm who you are in Christ, the more your behavior will begin to reflect your true identity!” ~ From *Victory Over Darkness* by Dr. Neil T. Anderson

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| 1John 4:10<br>Ephesians 5:2<br>Galatians 2:20 | I am greatly loved by God. He loves me so much that He sent His only Son as a sacrifice for my sin.                                                                                                                                                                                                  |
| Romans 5:5, 8                                 | I am dearly loved by God.                                                                                                                                                                                                                                                                            |
| Galatians 3:26                                | Because of my faith in Jesus, I am a child of God—His daughter / His son.                                                                                                                                                                                                                            |
| Galatians 4:5<br>Ephesians 1:5                | I am adopted by God into His family.<br>I've been ransomed and set free—my freedom was purchased by God. I'm redeemed, atoned for, and have son-ship conferred on me by God. When God looks at me, He sees His precious child.                                                                       |
| Galatians 4:6                                 | As a child of God, I've been given the Spirit of His Son in my heart. The Spirit of God in my heart prompts me to call God—the One Who created and sustains everything—‘Abba Father’ – ‘Papa.’                                                                                                       |
| Romans 8:15-16*<br>(The Message)              | “This resurrection life I received from God is not a timid, grave-tending life. It's adventurously expectant, greeting God with a childlike ‘What's next, Papa?’ God's Spirit touches my spirit and confirms who I really am. I know who he is, and I know who I am: Father and child.” <sup>1</sup> |
| Galatians 4:7                                 | I'm a child of God Himself, and because of that, I'm His heir.                                                                                                                                                                                                                                       |

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| Romans 8:17                                      | I am an heir of God and a joint heir with Jesus Christ.                                                                                                                                                                                                                                                                                                                                                             |
| John 1:12<br>Romans 8:16<br>Galatians 3:26       | Because I've believed and trusted Jesus, and accepted Him into my life, I am God's child.                                                                                                                                                                                                                                                                                                                           |
| Romans 8:14                                      | I am led by God's Spirit and I'm a daughter / a son of God.                                                                                                                                                                                                                                                                                                                                                         |
| 1 John 3:2                                       | I am God's child now and, when Jesus openly appears, seeing Him I'll be like Him.                                                                                                                                                                                                                                                                                                                                   |
| Ephesians 1:8                                    | God has lavished His gracious favor on me! And has provided everything I could ever possibly need—every kind of wisdom and understanding and practical insight.                                                                                                                                                                                                                                                     |
| Matthew 10:29-31                                 | I am valuable to God, precious and important to Him.                                                                                                                                                                                                                                                                                                                                                                |
| Colossians 2:10*                                 | I'm complete in Christ.<br><br>"... so I have everything when I have Christ, and I am filled with God through my union with Christ. He is the highest Ruler, with authority over every other power." <sup>2</sup>                                                                                                                                                                                                   |
| Psalms 139:1-4                                   | I am known and fully understood by God Who loves and cares about me.                                                                                                                                                                                                                                                                                                                                                |
| Ephesians 2:18<br>Hebrews 4:16<br>Ephesians 3:12 | I have direct access to my Father God, Almighty God Himself, where I'll receive mercy and grace—God's help when I need it.<br>Through Jesus, I can come boldly and confidently into God's presence.                                                                                                                                                                                                                 |
| Ephesians 1:4*                                   | God chose me before He even laid the foundations of the earth. He actually handpicked me for Himself, to be His very own.<br><br>"Long ago, even before He made the world, God chose me to be His very own through what Christ would do for me; He decided then to make me holy in His eyes, without a single fault—I who stand before Him covered with His love." <sup>3</sup><br><br>I'm covered with God's love. |
| Ephesians 1:11                                   | God decided beforehand to choose me for a purpose that's part of His plan—the plan He's bringing about in the world.<br>And I'm a part of it!                                                                                                                                                                                                                                                                       |
| Isaiah 43:10                                     | I am chosen by God that I may know Him, and believe and understand more and more of who He is.                                                                                                                                                                                                                                                                                                                      |
| 1 Peter 2:9, 10<br>Revelation 1:6, 5:10          | I have been chosen by God as a royal priest for Him, to reveal His goodness to others.                                                                                                                                                                                                                                         |

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| John 15:16                             | I am chosen by God to bear fruit, appointed by Him to bear much fruit—fruit that will last.                                                                                                                                                                                                                            |
| 2 Corinthians 5:17                     | In Christ Jesus, I'm a new creation—I am a brand new person inside!                                                                                                                                                                                                                                                    |
| Ephesians 2:5-8                        | I am saved because of God's grace.<br>I've been raised up by God and seated with Christ—united with Him—in the heavenly realms.<br>I'm an example of God's incredible grace and kindness.                                                                                                                              |
| 1 John 5:18                            | I am born of God and kept safe by Him. The evil one cannot harm me.                                                                                                                                                                                                                                                    |
| Colossians 3:3                         | I am hidden with Christ in God.                                                                                                                                                                                                                                                                                        |
| Ephesians 2:1-5                        | I am made truly alive in Christ Jesus.                                                                                                                                                                                                                                                                                 |
| Ephesians 1:7<br>Colossians 1:14, 2:13 | I have been redeemed—ransomed by God and set free through the precious blood of His Son Jesus Christ. And I'm totally forgiven of all my misdeeds. My sins are forgiven; they're completely cancelled out forever.                                                                                                     |
| Romans 8:1-3                           | I belong to Christ and am completely free from all condemnation and blame.<br>I am set free from the law of sin and death.                                                                                                                                                                                             |
| 2 Corinthians 5:21                     | I have been made the righteousness of God because of what Jesus has done for me.                                                                                                                                                                                                                                       |
| 1 Corinthians 6:19, 20                 | I was bought by God at a great price—I belong to Him! And God Himself, the Holy Spirit, lives in me, in my body.                                                                                                                                                                                                       |
| Romans 6:22*                           | I've been set free from sin and I belong to God.<br><br>“But now that I've found I don't have to listen to sin tell me what to do, and have discovered the delight of listening to God telling me, what a surprise! A whole, healed, put-together life right now, with more and more of life on the way!” <sup>4</sup> |
| Galatians 5:1, 13                      | I've been truly set free in Christ, and am called by Him to live in that freedom.                                                                                                                                                                                                                                      |
| 1 Corinthians 6:17                     | I am one in spirit with the Lord Himself                                                                                                                                                                                                                                                                               |
| John 10:28-30                          | I've been given eternal life by God. I belong to Him. I'm safe in Him and no one can ever snatch me away from His care.                                                                                                                                                                                                |
| Romans 8:38                            | Nothing, absolutely nothing, can ever separate me from God's love for me.                                                                                                                                                                                                                                              |
| Deuteronomy 32:10                      | God loves me deeply. I'm the apple of His eye.                                                                                                                                                                                                                                                                         |

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| Romans 5:1                            | I am justified—I've been made right with God in His sight, and have peace with God because of what Christ has done for me.                                                                                                                                                   |
| Colossians 1:22                       | I am reconciled to God through Jesus—reestablished in a close relationship with God Himself.<br>In Him I am holy, blameless and above reproach in His presence.                                                                                                              |
| Ephesians 1:13, 14                    | I am forever sealed with God's Holy Spirit, who is the guarantee of my promised inheritance from Him.                                                                                                                                                                        |
| 2 Corinthians 1:21                    | I have been anointed and commissioned by God, who has set His seal of ownership upon me and placed His Holy Spirit in my heart.                                                                                                                                              |
| Galatians 3:27                        | I am united with Christ Jesus, clothed, enveloped in Him.                                                                                                                                                                                                                    |
| Philippians 3:20                      | I'm a citizen of Heaven.                                                                                                                                                                                                                                                     |
| Genesis 1:27                          | I'm made in God's image.                                                                                                                                                                                                                                                     |
| Isaiah 43:7, 21<br>1 Peter 2:9        | I was created by God for His glory and to declare His praise.                                                                                                                                                                                                                |
| Ephesians 1:12                        | I am destined and appointed to bring God glory.                                                                                                                                                                                                                              |
| Philippians 1:6*                      | God has destined me for a special purpose, and He's working in me to bring that purpose about.<br><br>"And I am certain that God, who began the good work within me, will continue his work until it is finally finished on the day when Christ Jesus returns." <sup>4</sup> |
| Ephesians 2:10                        | I am God's handiwork—His masterpiece, recreated by God to do the good things He planned ahead of time for me to do.                                                                                                                                                          |
| Isaiah 62:3                           | I am like a crown of glory in the hand of the Lord.                                                                                                                                                                                                                          |
| 1 Corinthians 6:17                    | I am one in spirit with the Lord Himself                                                                                                                                                                                                                                     |
| 1 Corinthians 15:57                   | I am victorious in Christ.<br>I've been given victory over sin and death.                                                                                                                                                                                                    |
| Romans 8:37                           | I am more than a conqueror. I have overwhelming victory in Christ Jesus, who loves me.                                                                                                                                                                                       |
| John 15:15                            | I am a friend of Jesus. Jesus has called me to be His friend.                                                                                                                                                                                                                |
| 1 Corinthians 3:16, 17,<br>6:19       | I, my body, is the Temple of the Holy Spirit in me.                                                                                                                                                                                                                          |
| 1 Corinthians 12:27<br>Ephesians 5:30 | I am a member, a part of Jesus' Body—His Church on earth.                                                                                                                                                                                                                    |



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| Matthew 5:13, 14      | I am the salt of the earth<br>I am the light of the world, like a city set on a hilltop.                                                                                                                                                                                                                                                                                                                                                 |
| 2 Corinthians 2:15    | I am to God the sweet, wholesome fragrance of Christ.<br>“My life is a Christ-like fragrance rising up to God.” <sup>5</sup>                                                                                                                                                                                                                                                                                                             |
| 2 Corinthians 5:18-20 | In Jesus Christ, I am restored to a close relationship with God, and am called to be His representative—His spokesperson.                                                                                                                                                                                                                                                                                                                |
| John 15:1, 2          | I am connected to Jesus Christ, the true vine, to be a fruit-bearing branch, to bear much fruit—fruit that will last.                                                                                                                                                                                                                                                                                                                    |
| 2 Corinthians 6:1     | I am a co-worker, a partner, with God Himself here on earth.                                                                                                                                                                                                                                                                                                                                                                             |
| John 15:9-12          | Jesus said to His disciples, and He says to me:<br>“I have loved you even as the Father has loved me. Remain in my love. When you obey my commandments, you remain in my love, just as I obey my Father's commandments and remain in his love. I have told you these things so that you will be filled with my joy. Yes, your joy will overflow! This is my commandment: Love each other in the same way I have loved you.” <sup>6</sup> |

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**References to Scripture quotations in the text are as follows:**

<sup>1</sup> Romans 8:15-16 - THE MESSAGE – The Bible in Contemporary Language

<sup>2</sup> Colossians 2:10 - The Living Bible

<sup>3</sup> Ephesians 1:4 - The Living Bible

<sup>4</sup> Philippians 1:6 - New Living Translation

<sup>5</sup> 2 Corinthians 2:15 – New Living Translation

<sup>6</sup> John 15:9-12 - New Living Translation

**\*Note:** these Scripture passages have been personalized.

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